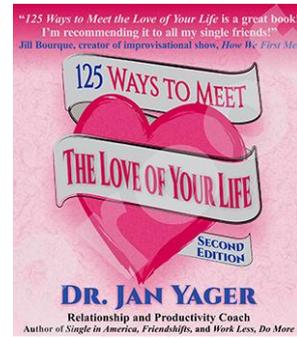


翻訳オーディション課題

125 Ways to Meet the Love of Your Life



Continuing the Search

For most, it is a convoluted path till you find the love of your life. Relationships begin and end, sometimes you end it, sometimes the other person ends it, sometimes fate cruelly ends it and you find yourself single again even if you thought you would never again be alone. Some take the ups and downs of dating easily and some find it very tough to deal with the disappointments and go back to searching yet again.

This chapter offers help with some of the predictable challenges in dating.

-----Eight Ways to Cope with Rejection

Whether you are the one who tells a date that you do not want to go out a second time, or you are the one who waits for the phone to ring and it never does, for most, dating is fraught with rejection. You can learn to cope with rejection, and pick yourself up, dust yourself off, and get back out there and date again, or you can take it personally and let it devastate you so much that you are fearful of trying again to meet new dates.

Rejection is a fact of life—especially of the life of a single looking for love. Probably the only rejection even harder to take than being passed over for a job or a promotion is being rejected by a date or a potential date when you liked him or her and wanted it to lead somewhere.

Understanding the process of rejection could help soften the inevitable emotional blow to your ego when you say no,” or he or she says “it's just not working Here are some suggestions to help you cope with rejection:

1. Be pragmatic.

Consider rejection in a practical way as a learning experience rather than reacting emotionally to it. Ask if there is a pattern to your rejections so you might modify your search accordingly.

For example, between my first and second personal ads, I changed the wording of the ad because the men I was meeting through the first ad were more interested in a date than a mate. Therefore, in my second ad, I spelled out that I was looking to get married. Adding that detail led to a very different type of response and expectation.

My future husband Fred responded to that detail in my second ad, among other attributes and traits, because marriage and a family was what he was also looking to find.